

Body Composition Analyzer

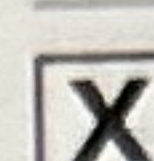
MC-780

Date / Time

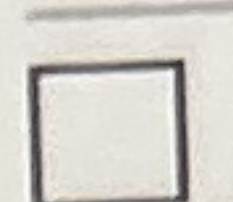
22/07/2026 12:18 PM

Age

31



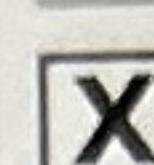
Standard



Athletic

Height

171.0 cm



Male



Female

Clothes Weight (PT)

0.5 kg

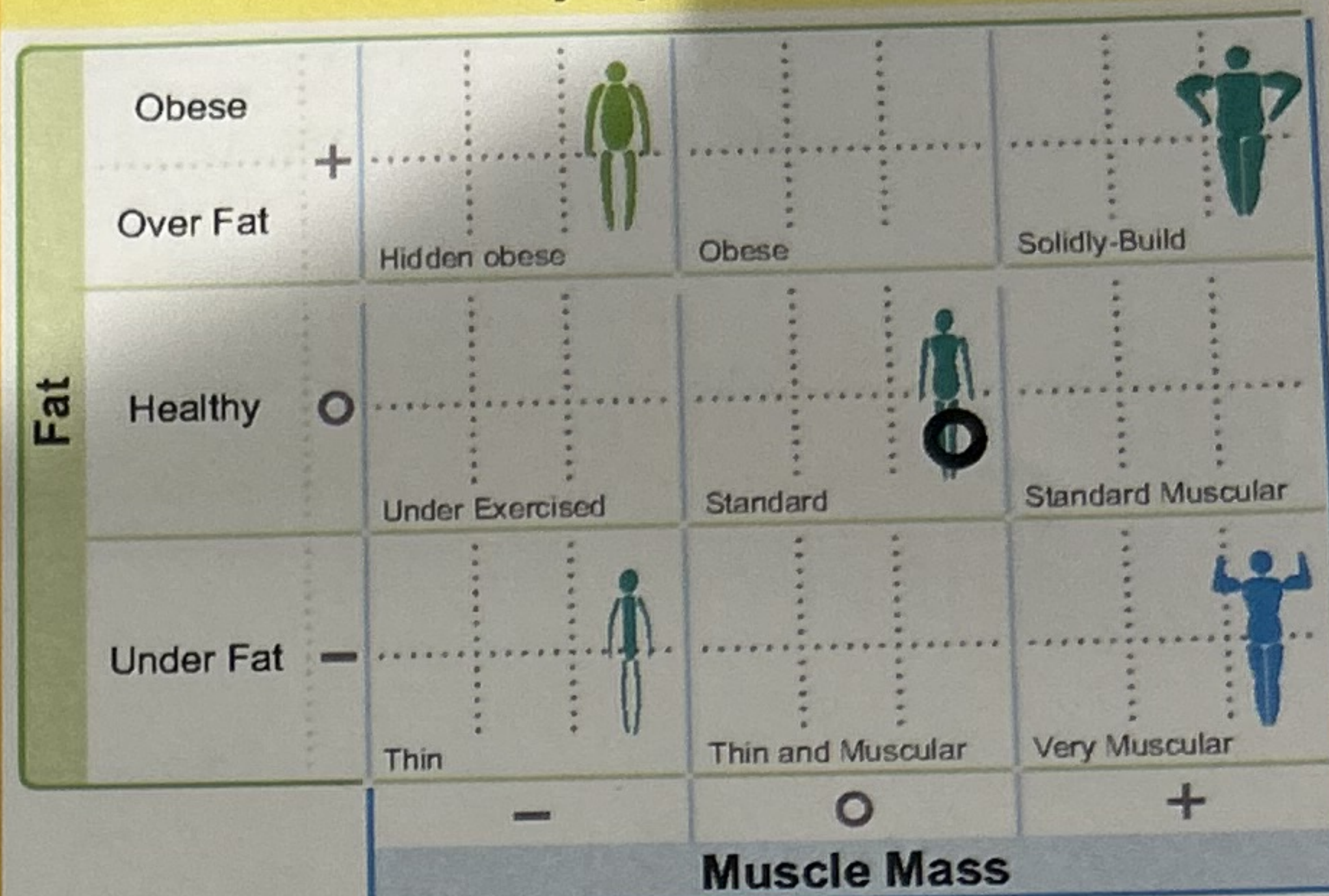
Details

MC-780	Result	Desirable	Target	Diff
Body Weight	71.0 kg	58.5-73.1		
Fat %	8.9 %	8.0-20.0		
Fat Mass	6.3 kg	5.7-14.2		
FFM	64.7 kg	57.2-65.7		
Muscle Mass	61.5 kg	54.0-62.5		
Bone Mass	3.2 kg			
BMI	24.3	20.0-25.0		
SMM	40.2 kg			
Metabolic Age	16			

Detailed Explanation on
www.mc780.gmon.eu



Physique Rating

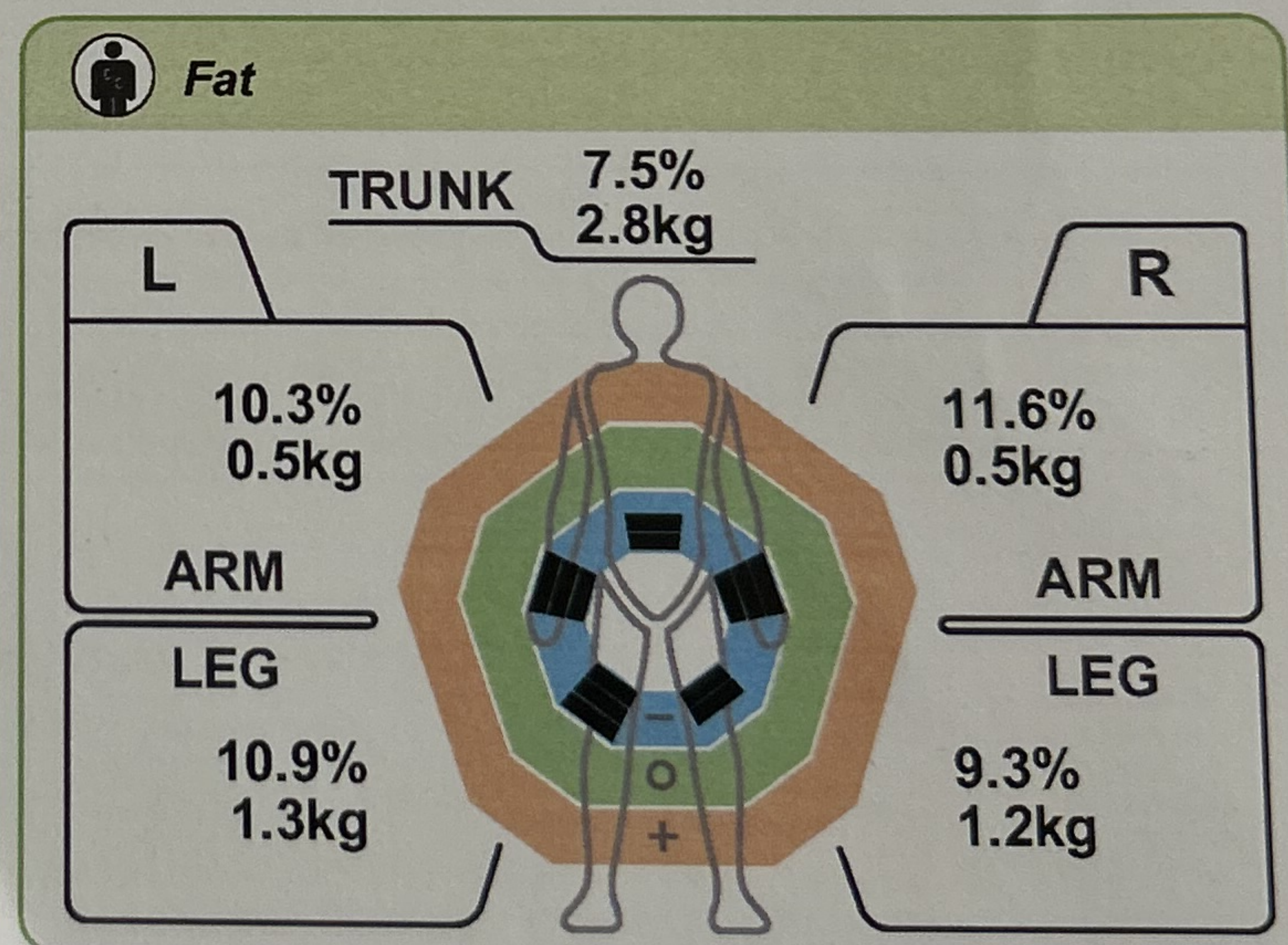
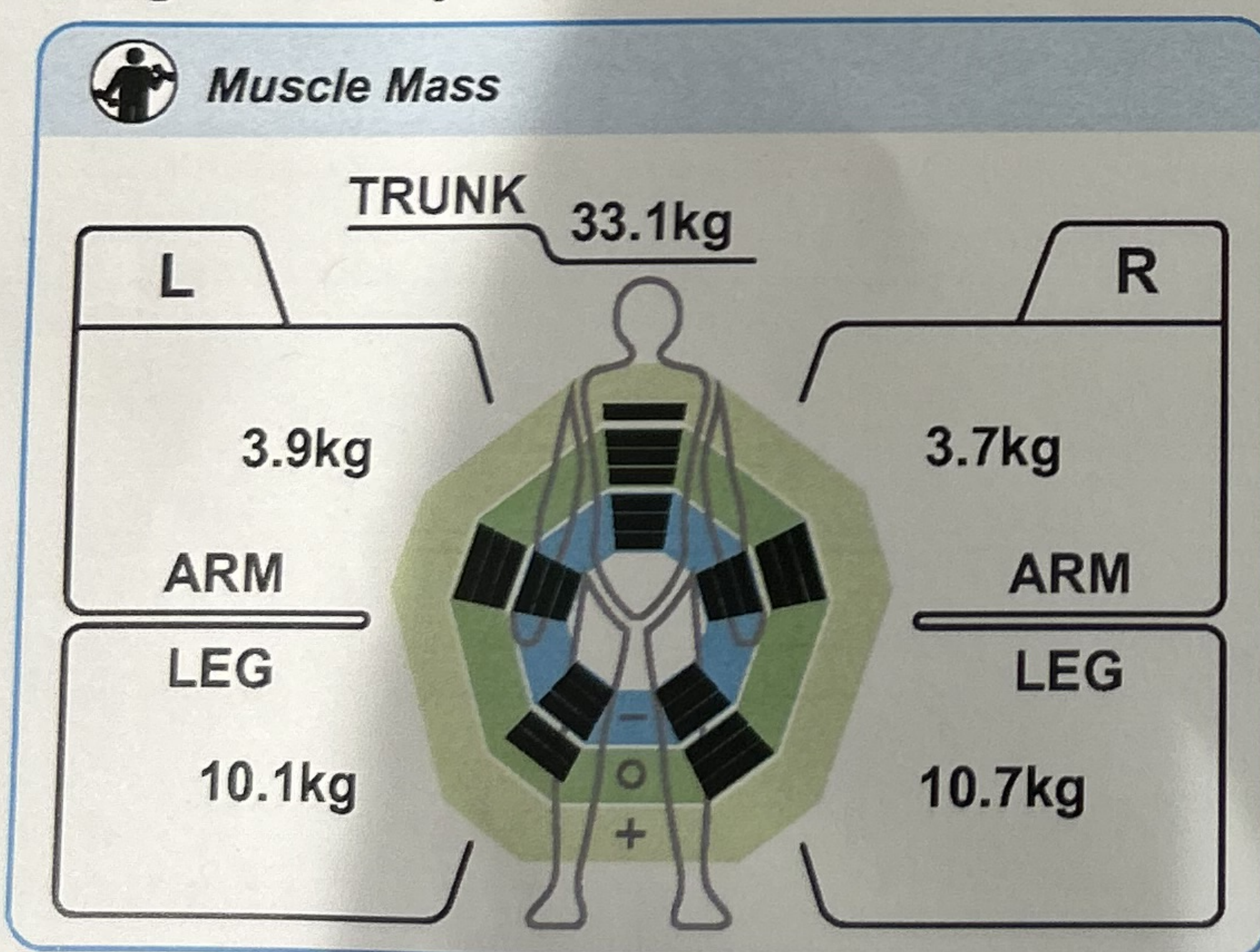


TBW - ECW (Extracellular Water) - ICW (Intracellular Water) - BMR - VFR

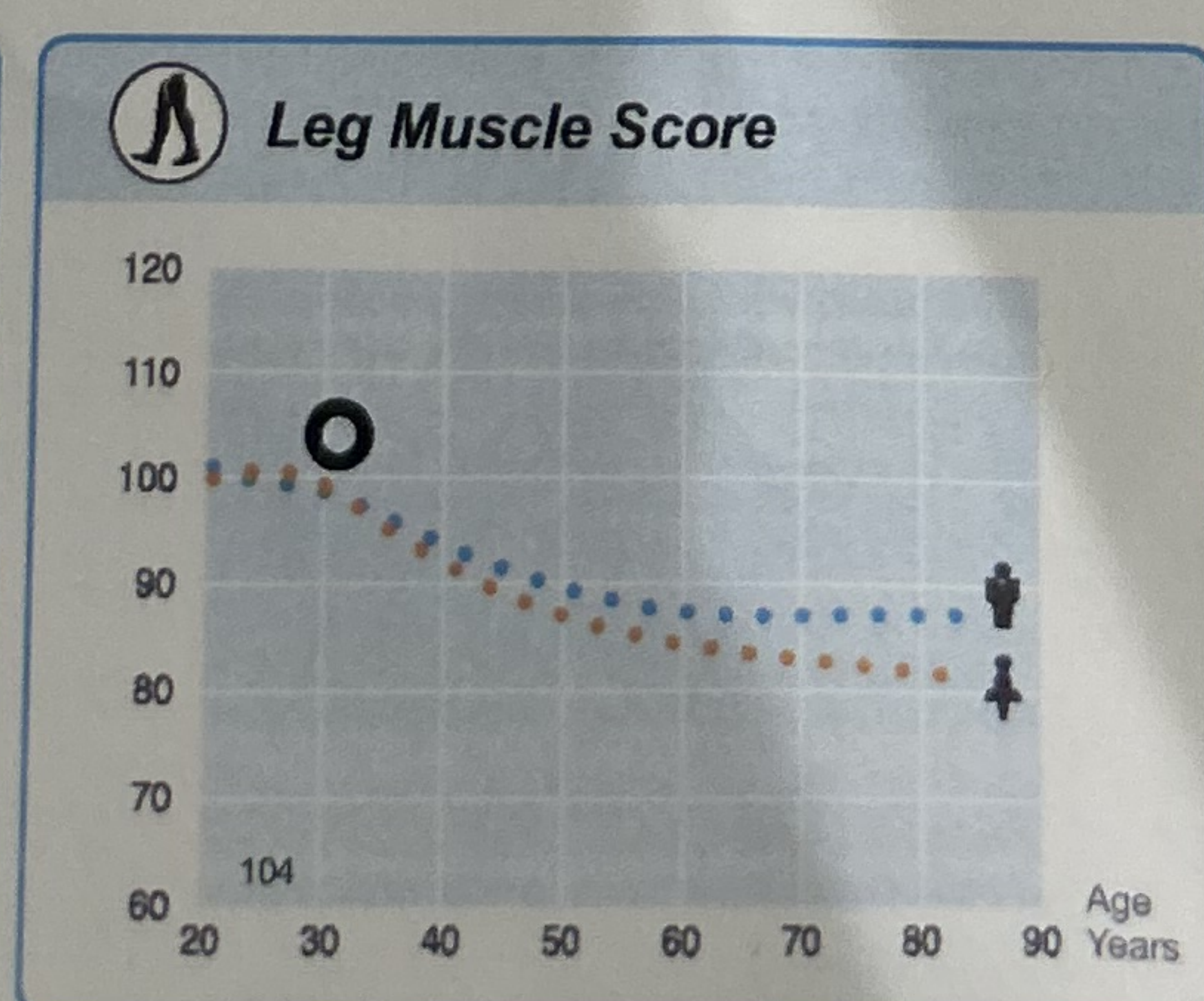
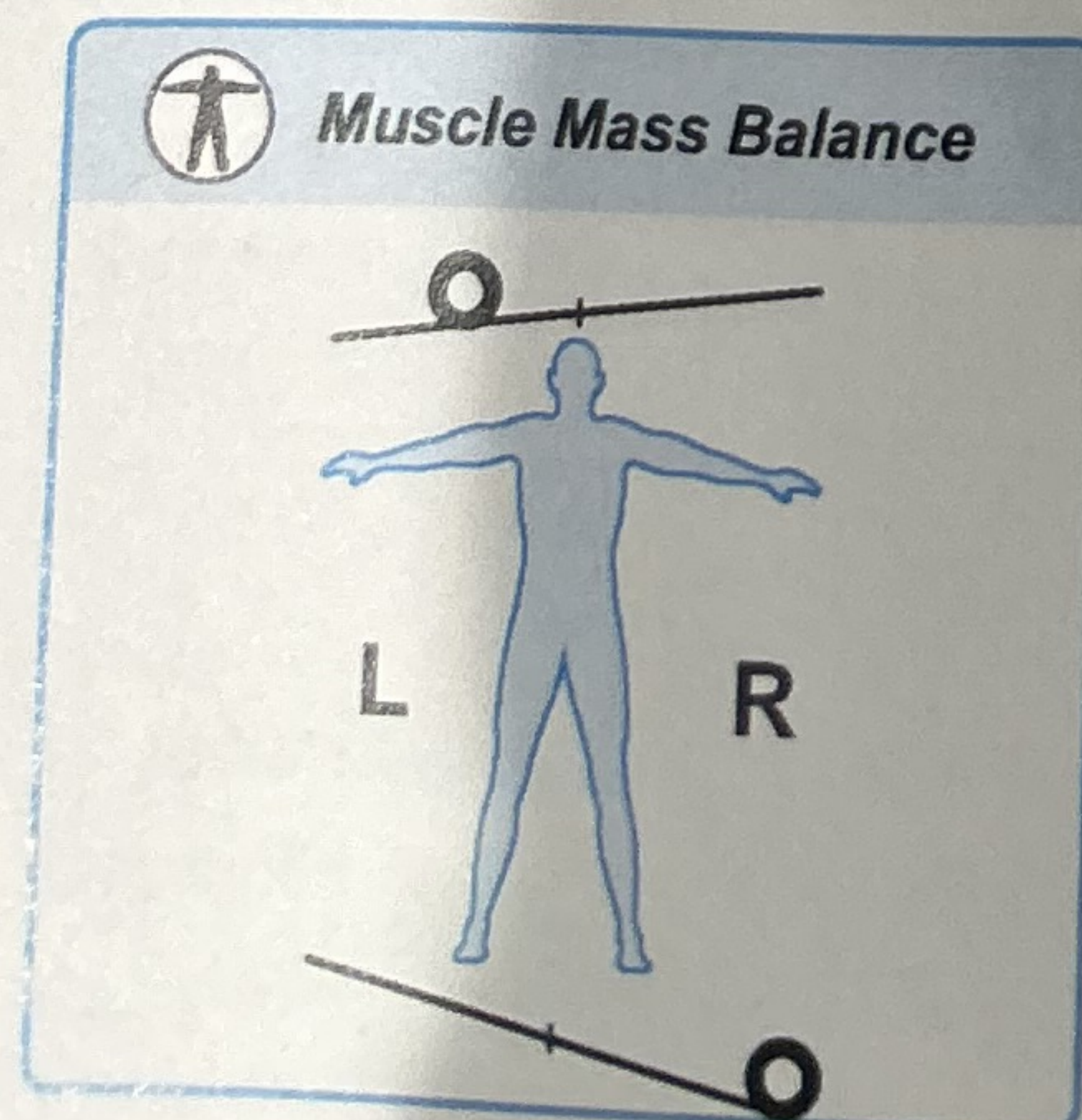
TBW	48.1 kg	ECW	18.1 kg	ICW	30.0 kg
Total Body Water	67.7 %				
ECW/TBW	37.6 %				

BMR	7788 kJ				
Basal Metabolic Rate	1860 kcal				
Visceral Fat Rating	2				

Segmental Analysis



Balance



	5kHz	50kHz	250kHz	Phase Angle
H-L	533.5 / 30.6	453.5 / 59.0	394.8 / 48.0	7.4°
RL	233.6 / 12.2	199.6 / 24.1	176.8 / 16.8	6.9°
LL	240.4 / 12.9	205.1 / 24.8	181.7 / 17.3	6.9°
RH	281.0 / 15.1	240.0 / 32.1	208.9 / 31.0	7.6°
LH	271.0 / 16.7	229.2 / 32.2	198.4 / 30.4	8.0°
L-L	475.1 / 25.1	405.4 / 49.2	359.3 / 34.6	6.9°