

Health Monitor

„INDICATE Health Risks - RATE professionally - REACT prophylactically“

PRO

Prevention Check



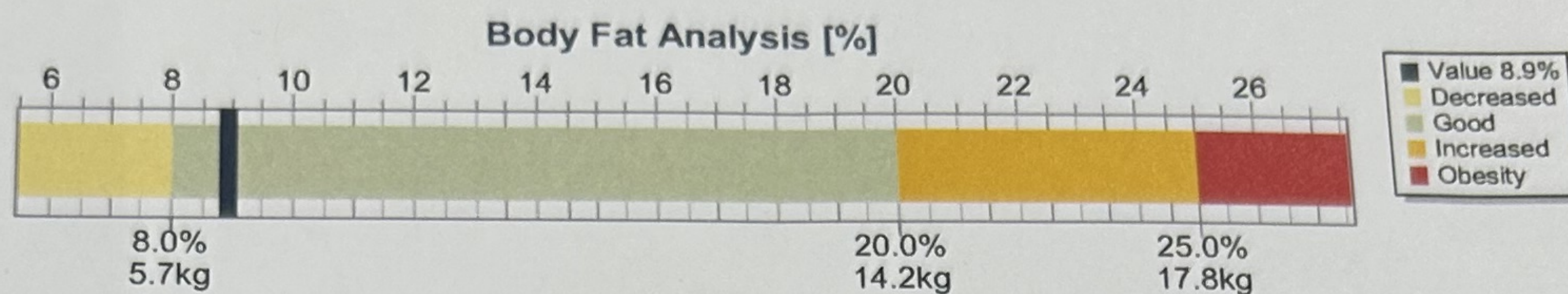
Date 22/07/2026 12:18 PM

Age 31 male

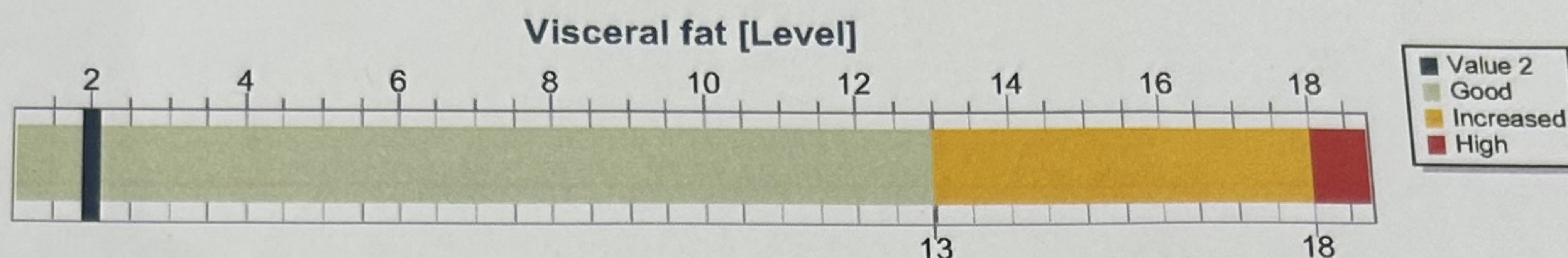
Scale type MC-780

Date: 22/07/2026

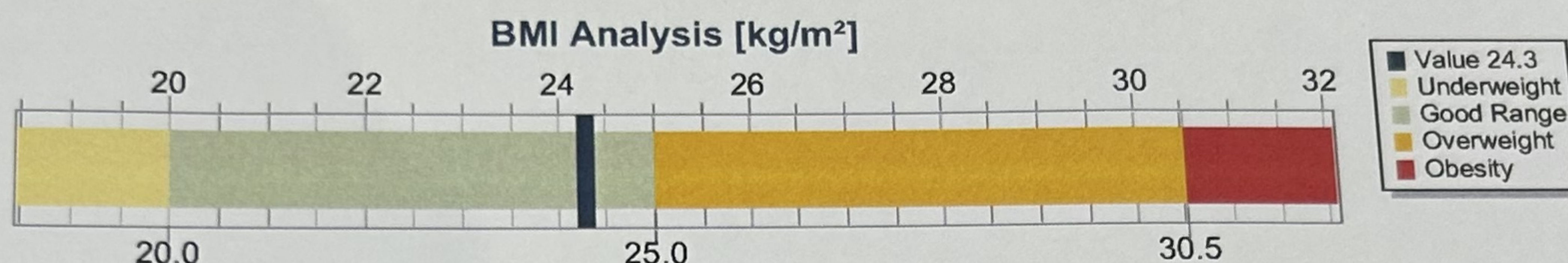
Body Fat: 8.9 %
=6.3 kg



Visceral fat: 2 Level



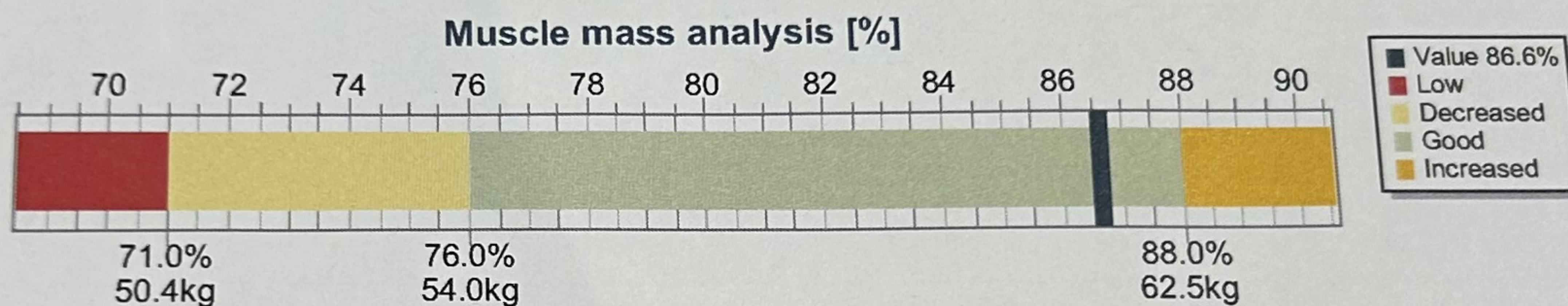
Height: 171 cm
Weight: 71.0 kg
BMI: 24.3 kg/m²



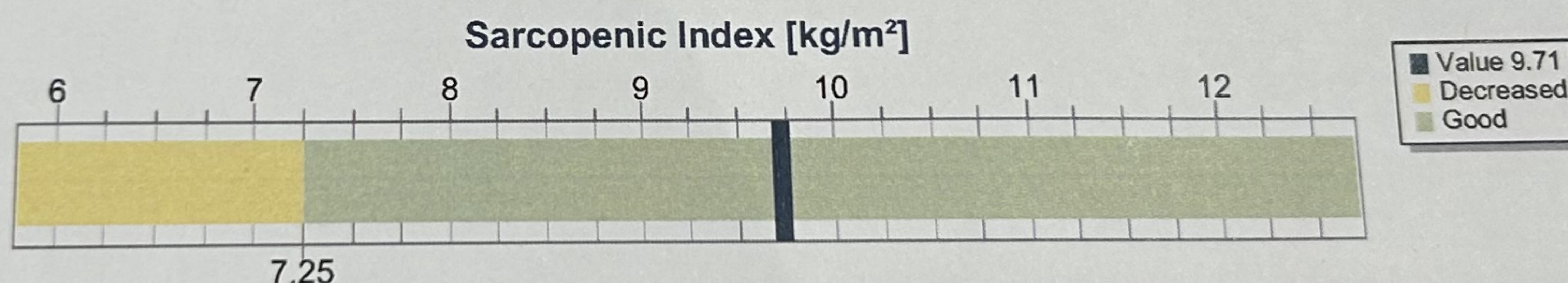
Fat Free Mass: 64.7 kg
Muscle Mass: 61.5 kg
=86.6 %

Skeletal Muscle Mass:
40.2 kg
=56.6 %

Bone Mass: 3.2 kg



Sarcopenic Index: 9.71 kg/m²



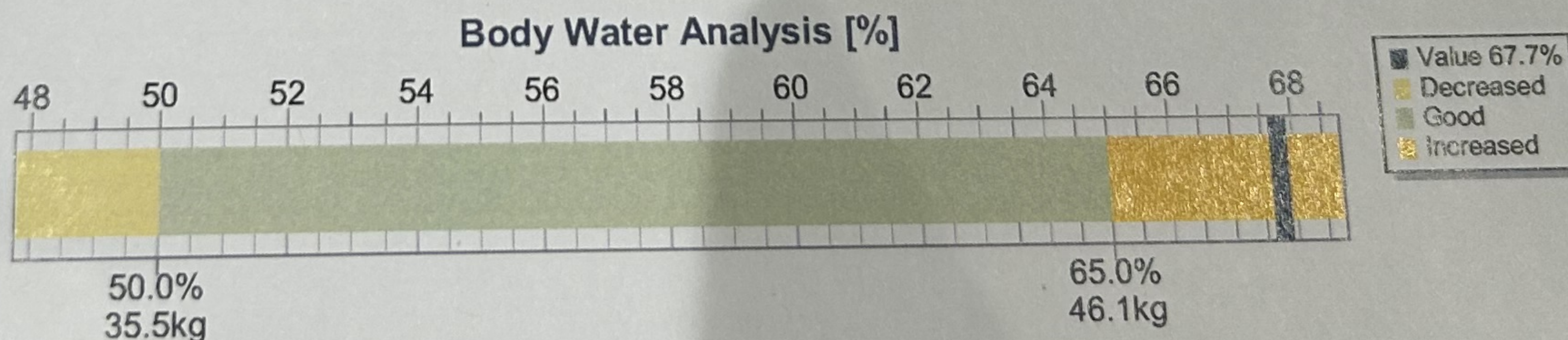
Body Water: 67.7 %
=48.1 kg

ECW: 18.1 kg

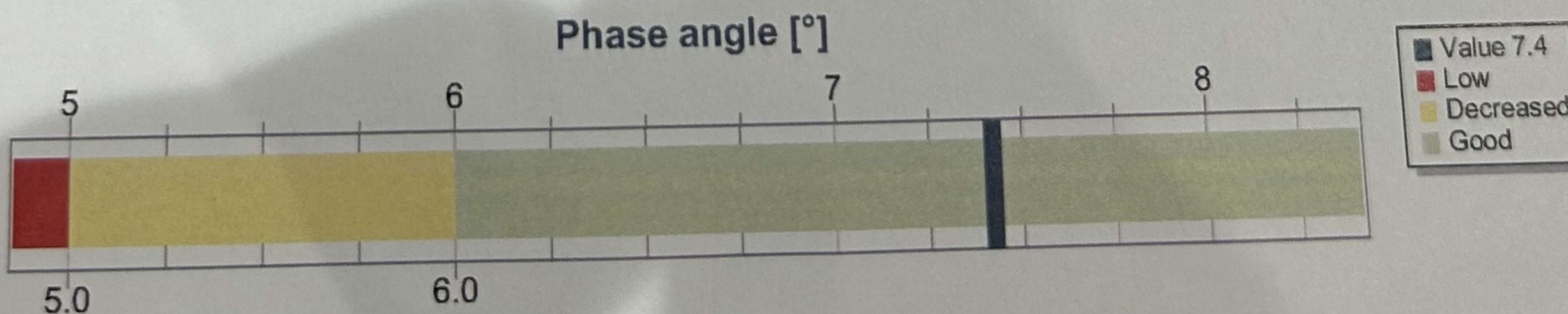
ECW/TBW: 37.6 %

ICW: 30.0 kg

ICW/TBW: 62.4 %



Phase angle: 7.4 °
(@50kHz)



Impedance: 457 Ohm

Metabolic Age: 16 Years

Basal Metabolic Rate: 7788 kJ = 1860 kcal